



New Food Matters Program

With the immense support of the member Churches of KAIROS, CUPS have been able to create some very exciting new programming at Acadia Place. For the past 4 weeks, Nutritionist Miriam Bankey has been creating nutrition focused programming with the adults and children of Acadia Place. They have covered 4 weeks of topics including 'Nutrition Label Reading', 'Food Safety 101', 'Nutrition on a Budget' and 'Cooking for Kids'. With the generous donations from KAIROS of everything from an array of spices, pots, pans and SO much more, they have been able to cook up many nutritious and delicious meals! Now that the Acadia Place kitchen is fully stocked, they are set for many exciting classes this year like 'Healthy Leftovers', 'Diabetic Diets' and 'Feeding Picky Eaters'. 2013 is looking like it will be nutritious and delicious, thank you KAIROS!

Tenant Board is Established!

Tenants at Acadia Place have come together to create a tenant board to address any concerns with maintenance and safety. A Community Liaison Officer, the Building Manager, and members from CHF and CUPS were present to facilitate the process. Meetings will now be held monthly!

Fundraising Update

\$275,000 has been raised so far towards paying down the mortgage on Acadia Place. Every dollar we raise helps to ensure that rents are affordable for families living there. We continue to work towards providing families and their children a safe, healthy and stable home.

Annual KAIROS Educational Workshop

Congratulations to all participants and churches who attended the February 9th Annual KAIROS Educational Workshop on "The Churches' Role in Ending Homelessness" at McDougall United Church!

There were 120 Attendees, including 19 Communications students from the University of Calgary. Many people mentioned that they had learned things that they were not aware of concerning the issue of homelessness. Churches were encouraged and challenged in supporting the 10 Year Plan to End Homelessness.

The Acadia Place: A Place to Call Home project is celebrating its two-year Anniversary! **Acadia Place Sunday will be celebrated on March 17th in Churches across the city.** Please see your Church bulletin for more details and help us continue to support families at risk of homelessness.



Letter to the Calgary Homeless Foundation and CUPS providing positive feedback from a worker at an Agency in the Community who is supporting a single father recently housed at Acadia Place.

"Thank you so much for all the time and effort Calgary Homeless Foundation and the Community Developer from CUPS put into providing a home for one of our single father's and his four children at Acadia Place. We are so grateful for the Calgary Homeless Foundation's commitment to providing housing for vulnerable Calgary families. After a two year separation from his children, this father could only be reunited with his children if he could find affordable housing. The Family Court judge immediately granted custody back to the father when he learned that housing had been secured. The great efforts of CUPS Health & Education Centres, KAIROS and the Calgary Homeless Foundation have made reunification possible for this family and the best gift a family could ever have. I can't speak highly enough of the Community Developer from CUPS who gave this family patience, understanding, practical advice and help."

Church Volunteers are Needed!

Some volunteer opportunities that are currently available for parishioners are

- Mentorship
- Assistance with getting groceries for families
- Tutoring and resume writing
- Assisting Michelle Louisy (Community Developer at Acadia Place) on office days (Mondays, Wednesdays, and Thursdays)
- Spiritual discussions
- Gardening (Community Garden onsite)
- Arts and crafts with children, recreational events.

The sky is the limit! We want people on site to establish natural connections. If you would like to volunteer at Acadia Place, please contact Deanna Holt at deannah@cupsocalgary.com.

"... you will be called Repairer of Broken Walls, Restorer of Streets with Dwellings." (Isaiah 58:12)

February 2013 Issue



Calgary Homeless Foundation

